

Shopneez_ Ring Size & Conversion Chart

Inside Diameter	Inside Circumference	SIZE			
MM	MM	US / Canada	UK / Australia / South Africa	France / Germany	Europe / Italy / Spain
14.1	44.2	3	F	44	4.25
14.5	45.5	3.5	G	45.5	5.5
14.9	46.8	4	H	47	6.75
15.3	48	4.5	I	48	8
15.7	49.3	5	J-½	50	9.25
16.1	50.6	5.5	K-½	51	10.5
16.5	51.9	6	L-½	52	11.75
16.9	53.1	6.5	M-½	53	13.25
17.3	54.4	7	N-½	54	14.5
17.7	55.7	7.5	O-½	56	15.75
18.1	57	8	P-½	57	17
18.5	58.3	8.5	Q-½	58	18.25
19	59.5	9	R-½	60	19.5
19.4	60.8	9.5	S-½	61	20.75
19.8	62.1	10	T-½	62	22
20.2	63.4	10.5	U-½	63	23.25
20.6	64.6	11	V-½	64	24.75
21	65.9	11.5	W-½	66	26
21.4	67.2	12	X-½	67	27.25
21.8	68.5	12.5	Z	68	28.5
22.2	69.7	13	Z+1	70	29.75
22.6	71	13.5	Z+1.5	71	31
23	72.3	14	Z+2	72	32.25
23.4	73.5	14.5	Z+2.5	73.5	33.5
23.8	74.8	15	Z+3	75	34.75

OTHER TIPS

- 1) *Measure your finger in warm temperatures at the end of the day.
- 2) *If your knuckle is a lot larger than the base of your finger, measure both the base of your finger and your knuckle and select a size between the two.
- 3) *When considering a wide band, move up a size from your measurement, for comfort's sake